



RBC **Orlando**
Cardinal Health **JULY 22-25, 2026**

Disclaimer: Camp Cardinal Health schedule of events is subject to change.



CAMP CARDINAL HEALTH

**Ages 3-6
ROMPERS**



Wednesday, July 22 | Jungle Adventure

Throughout the day, campers will explore the unique wildlife found in Florida, including animals that live in wetlands, forests, oceans and freshwater habitats. Children will participate in interactive lessons and discussions about Florida's animals such as alligators, manatees, sea turtles, birds, panthers, and other native species. They will also take part in creative and movement-based activities, such as: Crafts inspired by Florida's wildlife, games that simulate animals' movement and habitat sand group activities.

Thursday, July 23 | Big Discoveries

Calling all curious kids! Join us for a fun-filled day of hands-on science exploration designed just for ages 3–6. Through colorful experiments, sensory play, and exciting discoveries, children will learn how the world works—one giggle and bubble at a time! From mixing magical potions to watching things fizz, float, and fly, this activity sparks imagination and builds early STEM skills in a safe, playful environment. The day will include interactive stations, group experiments, songs, stories and creative projects that support learning while encouraging curiosity and imagination. We will do all this in between, snacks, lunch and rest time.

Friday, July 24 | Animals and More Animals

Today the Rompers will explore animals commonly found in zoos, such as lions, elephants, giraffes, monkeys, reptiles and more, while learning about their diets and unique characteristics. Throughout the day the children will participate in games, crafts and creative activities that might bring zoo animals to life. Activities will encourage kindness, respect for animals, and appreciation of nature. In the afternoon we will have some Zoo animals visit us.

Saturday, July 25 | Tiny Champ Sports Day

Get ready to jump, run, and play! Our Tiny Champs Sports Activity is designed just for little athletes ages 3–6, with fun-filled games that build coordination, teamwork, and confidence—all while having a blast! Children will rotate through exciting stations featuring soccer kicks, basketball bounces, volleyball tosses, and mini football drills—all tailored to their age and skill level. With music, movement, and lots of cheering, it's the perfect way to stay active and celebrate the joy of play.

Have a question about camp?

Phone Line: 504-524-0188

Group Mailbox:

campcardinalhealth@accentoca.com



Ages 7-11 ADVENTURERS



Wednesday, July 22 | Kennedy Space Center

The Kennedy Space Center is a thrilling and educational destination for children offering hands-on exhibits, inspiring astronaut encounters, and children-friendly zones that make space exploration fun and accessible for all ages. Kids can simulate shuttle landings, explore space habitats, and touch a moon rock. *Lunch is included*

- Space Shuttle Atlantis: children will be able to stand feet away from the real shuttle that flew 33 missions. Interactive displays let children try docking and landing maneuvers.
- Apollo/Saturn V Center: Campers will be able to walk beneath the largest rocket ever built and learn about the Apollo missions that took astronauts to the moon.
- Planet Play: A space-themed indoor playground featuring climbing structures, interactive games, and a safe, air-conditioned environment.

Thursday, July 23 | Fun Spot America

Today the children will enjoy a full day of safe, supervised fun. They will spend their time riding age-appropriate attractions, play games, and participate in group activities designed to keep them active, engaged, and entertained. Children will enjoy a variety of rides and attractions, including gentle rides for younger kids, exciting roller coasters for older children, and popular go-kart tracks. There are also classic amusement rides such as Ferris wheels, spinning rides, and fun houses that allow children to experience excitement in a controlled environment. *Lunch is included*

Friday, July 24 | Aquatica Orlando

Get ready for a splash-tastic camp experience at Aquatica Orlando, campers will enjoy thrilling water slides, relaxing lazy rivers, and side-by-side wave pools that deliver double the fun. From high-speed rides to kid-friendly splash zones, Aquatica offers something for everyone—plus unforgettable encounters with playful marine life! Whether you're racing down heart-pounding slides or floating through tropical scenery, this is the ultimate way to beat the heat and make summer memories that last a lifetime. *Lunch is included*

Saturday, July 25 | Wonderworks

Today the campers will get all there energy out at WonderWorks Orlando, where they'll be able to run, climb and also blend science, imagination, and play—perfect for curious children, while engaging in educational fun. The exterior alone is a hit with children—designed to look like it crash-landed upside down! Indoor “Edu-tainment” Park has over 100 hands-on exhibits across three floors that combine science, art, and physical challenges. *Lunch is included*

- Extreme Weather Zone: Feel hurricane-force winds or experience an earthquake simulation.
- Space Discovery Zone: Explore astronaut training simulators and space-themed exhibits.
- Indoor Ropes Course: A glow-in-the-dark adventure with 20+ obstacles.
- Laser Tag Arena: Fast-paced fun in a black-lit maze—great for older kids and teens.
- 4D Motion Ride: A thrilling cinematic experience with moving seats and special effects.



Ages 12-17 EXPLORERS



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CHILDCARE AVAILABLE



Childcare for infants and toddlers

Parents and guardians can choose from two care options during camp hours: half day at \$55 per child or full day at \$100 per child. Please make your selections when registering for RBC 2026.

Complimentary childcare will be available for Infants, Toddlers and Rompers on a first come, first serve basis from 7 p.m. – 9 p.m. on Thursday evening.

Toddlers (12-35 mos.)

Wednesday, July 22 | **World of Science**

Our youngest Campers at Camp Cardinal Health will start the day, meeting and getting to know each other and our staff. They will sing, dance, hand paint crafts and much more. Our team will make sure to have the toddlers entertained with different activities where they will learn about science.

Thursday, July 23 | **Water Wonders**

Today our amazing team of professionals and the campers will have endless fun talking about the ocean and making a Rainbow Fish craft. They will pretend to be fishes while singing and dancing along to some fun songs.

Friday, July 24 | **Animals Antics**

Our nurturing team of professionals will encourage movement and exercise through play with the toddlers. They will play "Monkey Says, Monkey Do" and sing 10 Little Monkeys Jumping On The Bed while pretending to be monkeys with their new friends. They will also explore various animals through stories and pictures.

Saturday, July 25 | **Innovation Creations**

Today we are going to immerse ourselves in creating something special to bring home using shaving cream and food coloring. Playdough and Bubbles will be on hand to create and use our imagination. Our day wouldn't be complete with some music, singing and dancing with our new friends.